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## *New Patient Information Form*

**PLEASE PRINT CLEARLY:**

**DATE:** \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Shipping Address (if different from address above) \_\_\_\_\_

Preferred Phone #: (\_\_\_\_) \_\_\_\_\_ (if cell #) Can we text you? Y / N

email: \_\_\_\_\_

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**PERSONAL INFORMATION AND HEALTH HISTORY:**

Date of Birth: \_\_\_\_ - \_\_\_\_ - \_\_\_\_ Age: \_\_\_\_ Sex: M/F Height: \_\_\_\_\_ Weight: \_\_\_\_\_

Occupation: \_\_\_\_\_ Employer: \_\_\_\_\_

Overall Health: (circle one): Excellent Good Fair Poor Other: \_\_\_\_\_

Main reason you are visiting our office (use separate sheet if needed): \_\_\_\_\_

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Previous treatments for this issue: \_\_\_\_\_

Other issues or complaints: \_\_\_\_\_

Current medications, drugs and supplements – daily dosages (use separate sheet if needed): \_\_\_\_\_

Are you currently under the care of a physician or other health care professional? (If yes, please give name and date of last visit: \_\_\_\_\_)

# Restorative Nutrition Therapy



**SUSAN HOF LAND**  
restorative nutrition therapy

List any major illnesses you had (with approximate date): \_\_\_\_\_

List any surgery or operations (with approximate date): \_\_\_\_\_

List any past accidents or injuries: \_\_\_\_\_

Do you smoke? Y / N (if yes, \_\_\_ packs/day)      Drink Coffee? Y / N (if yes, \_\_\_\_\_ cups/week)

Alcohol? Y / N (if yes, preferred alcohol \_\_\_\_\_ and \_\_\_\_\_ drinks/week)

Amalgams? \_\_\_\_\_      Root canals \_\_\_\_\_      How many? \_\_\_\_\_

## Family Information:

Marital Status (circle one):   S    M    D    W

Spouse's Name: \_\_\_\_\_ Spouse's Health: \_\_\_\_\_

Number of children (if any): \_\_\_\_\_ (please use extra sheet if needed)

Name:	Age:	Sex: M/F	Physical conditions or concerns:

Any family history of serious illnesses (circle all that apply):

Cancer      Diabetes      Heart      Other: \_\_\_\_\_

Do you have household pets that you have daily contact with? If yes, what kind:

**Who can we thank for referring you to us?** \_\_\_\_\_

SIGNED: \_\_\_\_\_ DATE: \_\_\_\_\_



Dietary Intake for 2-days before appointment:

**Day 1**

**Day 2**

Breakfast:		
Snack:		
Lunch:		
Snack:		
Dinner:		
Snack:		

***For Office Use Only***

Height \_\_\_\_\_

Weight \_\_\_\_\_

HRV \_\_\_\_\_

BP \_\_\_\_\_

HSR \_\_\_\_\_ PO2 \_\_\_\_\_

Pulse \_\_\_\_\_

**Notes:**